Weekly Activities at The Manor

Monday April 21—Easter Monday

*No morning Exercise Class due to Statutory Holiday

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)

1:15 Bingo with Darlene (Dining Rm.)

2:15 Self-Serve Afternoon Snacks & Social Time (Dining Rm.)



9:15 Morning Coffee & Snacks (Dining Rm.)

10:00 Exercise Class (Dining Rm.)

1:30 Group Trivia Games with Bob (Fireside Lounge)

2:15 Afternoon Snacks & Social Time (Dining Rm.)

2:45 Walking in the Courtyard (Meet in Dining Rm.)



9:15 Morning Coffee & Snacks (Dining Rm.)

10:00 Exercise Class (Dining Rm.)

1:15 Bus Tour Around Town (Meet at Entrance)

2:15 Afternoon Snacks & Music by Carolyn (Dining Rm.)

Thursday April 24

9:15 Morning Coffee & Snacks (Dining Rm.)

10:00 Exercise Class (Dining Rm.)

1:30 Simple & Easy Art with April & Jenni (Dining Rm.)

2:15 Afternoon Snacks & Social Time (Dining Rm.)

2:30 Trivia with April & Jenni (Dining Rm.)

TRIVIA

Friday April 25

9:15 Morning Coffee & Snacks (Dining Rm.)

10:00 Exercise Class (Dining Rm.)

1:15 Cribbage with Nan (Dining Rm.)

2:15 Afternoon Snacks & Social Time (Dining Rm.)

Saturday April 26

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)

1:15 Bingo with Diane & Paul (Dining Rm.)

2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday April 27

9:15 & 2:15 Self-Serve Coffee & Snacks (Dining Rm.)

The Manor Weekly

April 21 to April 27, 2025



Monday Bingo

Monday is a holiday but Darlene has offered to call Bingo for us! Join her in the dining room after lunch.

1:15 PM Dining Room



Bus Tour

We are going to try again for our Bus Tour!

If you would like to join Jenni for a tour around the community, we will be visiting some of the new developments in town as well as driving down to the ocean. We will not get off the bus and will be gone for approximately 1 hour.

Please sign-up on the bulletin board to reserve your seat.

Wednesday April 23rd 1:15 PM

Group Games with Bob

Volunteer Bob Duggan will be here to lead group trivia games this Tuesday.

For Sale by Barb

Resident Barb in appt. 205 is selling a 'Almost New Confection Oven with Toaster'. \$75 firm. Please call Barb at 604-489-3037 if interested in this item.

Art with April & Jenni

Thursday afternoon April & Jenni will lead a very easy and simple art session using paints. No art or painting experience necessary! We will be stamp painting so it is very easy to do with surprisingly pretty finished pictures!

Hope you can join us!

Thursday at 1:30 PM

Welcome New Residents!

We would like to extend a very warm welcome to our two newest residents. Welcome to:

Yvette Beauchesne and Barbara Stocker



We are happy to have you at the Manor and look forward to getting to know each of you.